

**Li pchi gaar-soon
mi-nih-kwew.**
(The little boy is drinking)



La pchit fii miit-shoo.
(The little girl is eating)



Miit-sho.
(eat)



**Kish-shii-pay-kina
tii maen.**
(Wash your hands)



Mii-ti-sho-wuk
(They are eating.)



Ka-shii-kwew
(Wash your face)



A Louis Riel Institute Book:

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Thank you to the Metis
families who gave their time to
be our models.



Miit-shook!



Eat up!

A Michif language book